

JS-International



CERTIFIED COACHING COURSE - 2023

“PERSONAL MASTERY IN COACHING AND MENTORING”



WWW.JS-INTERNATIONAL.COM

OUR PURPOSE

Our purpose is to deliver a world-class accredited programme in personal development, coaching and mentoring for Leaders in businesses, HR professionals and aspiring Coaches and Mentors.

We aspire to be the best for the world and are committed to create a cadre of Coaches and Mentors that are sought out for the services that they provide as they really make a difference to their clients and are a positive source of influence.

We have created an excellent programme for you to learn how to be a world-class Coach, either directly with clients or in a team leadership role.

We are committed to deliver most of this programme live and on-line, using remote technology such as zoom, thereby preparing our Coaches to be able to deliver team coaching confidently and flexibly in a way that the world will continue to demand. The first workshop will be face to face in Malta.



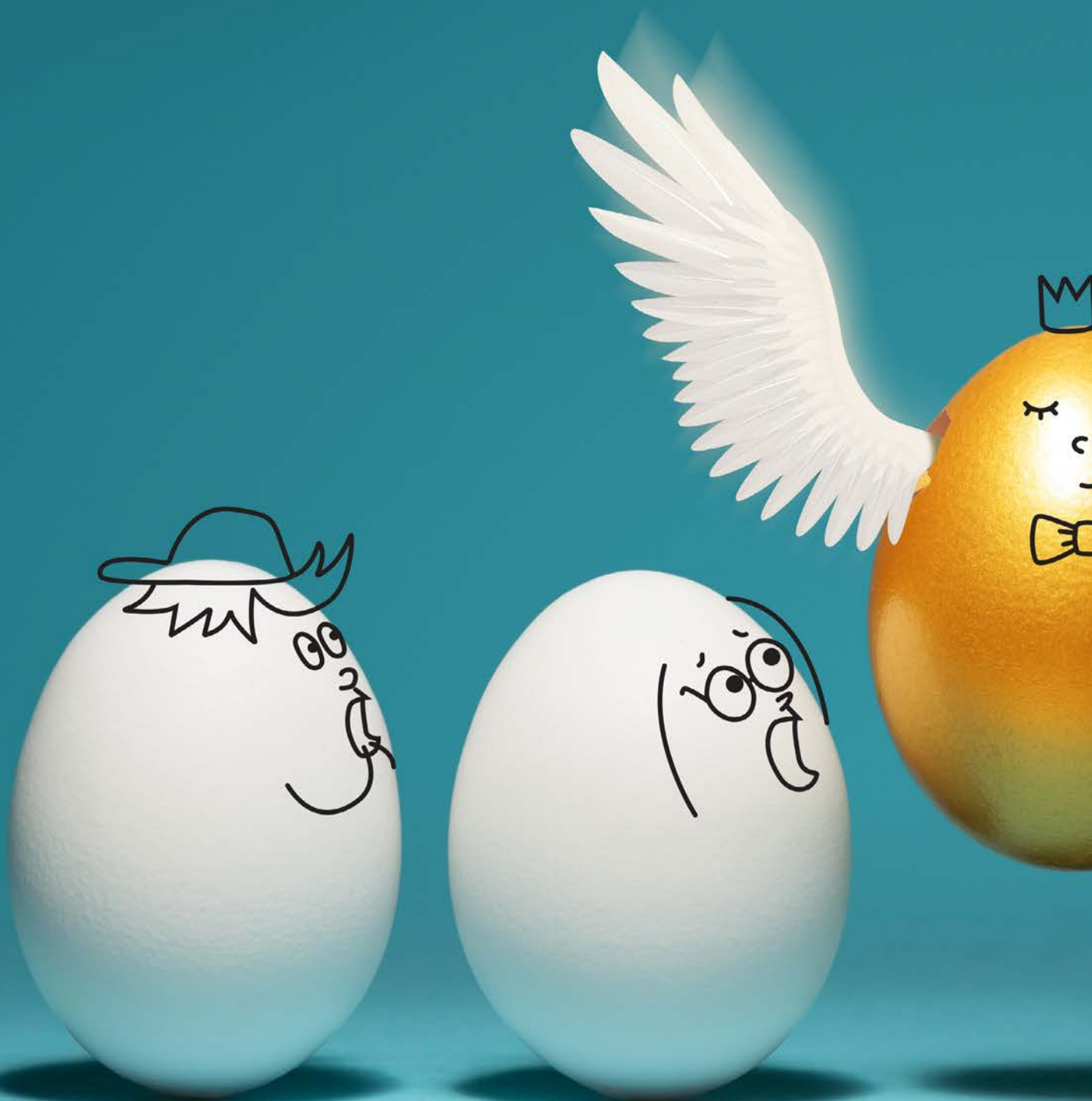


"Few have the greatness to bend history itself, but each of us can work to change a small portion of events, and in the total of all those acts will be written the history of this generation. It is from numberless diverse acts of courage and belief that human history is shaped. Each time a man stands up for an ideal, or acts to improve the lot of others, or strikes out against injustice, he sends forth a tiny ripple of hope, and, crossing each other from a million different centres of energy and daring, those ripples build a current that can sweep down the mightiest walls of oppression and resistance."

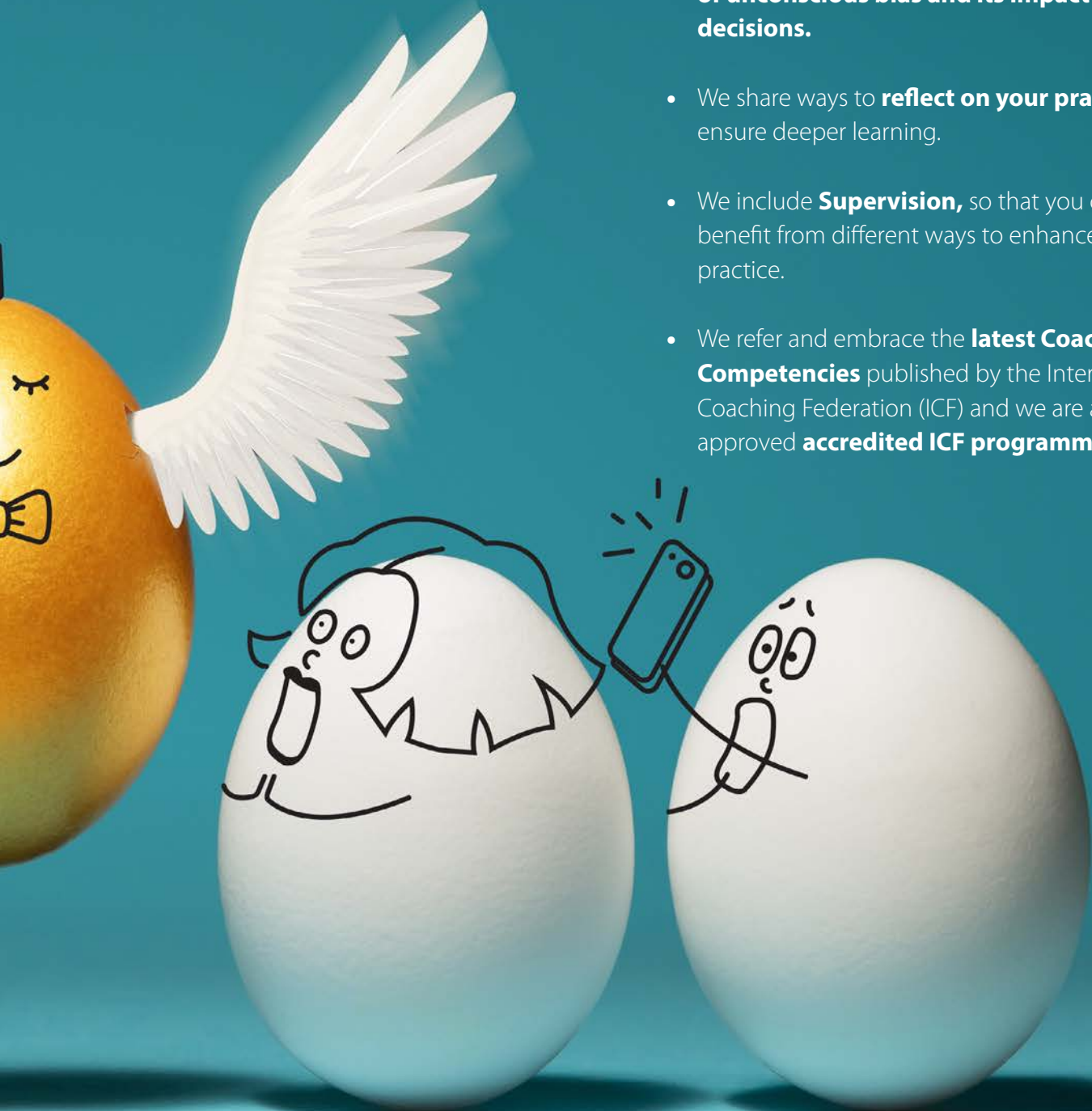
Robert F. Kennedy

WHAT STANDS OUT ABOUT THIS PROGRAMME?

Making a decision about which Coaching programme to attend can be challenging. It is important to explore the option that is right for you. When we set-out to design our programme there were critical things that we embraced in our programme design:



- We wanted to ensure that the Coaches we worked with were **not wedded to a specific methodology**. We, therefore, expose our aspiring Coaches to **different ways of working** as a Coach, so that at the end of the programme you can make an informed choice about how you wish to work.
- Not only do we assist you in your thinking about what you do as a Coach, we also enable you to consider your sense of **being as a Coach, what you feel as a Coach and also what you know**.
- Our Coaches can then make **informed choices** about how they wish to use coaching and mentoring in leadership.
- In addition we wanted to ensure that our Coaches were informed about the psychological underpinning of coaching. We, therefore, cover the different **psychological approaches**.
- We **blended academic rigour and practical work** around the attendance of the modules.
- We include **diversity, equity and inclusion and appreciation of transcultural issues in business, together with an understanding of unconscious bias and its impact on decisions**.
- We share ways to **reflect on your practice**, to ensure deeper learning.
- We include **Supervision**, so that you can benefit from different ways to enhance your practice.
- We refer and embrace the **latest Coaching Competencies** published by the International Coaching Federation (ICF) and we are an approved **accredited ICF programme**.







WHAT IS THE CONTENT OF THIS PROGRAMME?

The components of our learning content are steered by the accreditation guidelines from the ICF (International Coaching Federation: www.coachfederation.org) as well as our own standards.

The modules are:

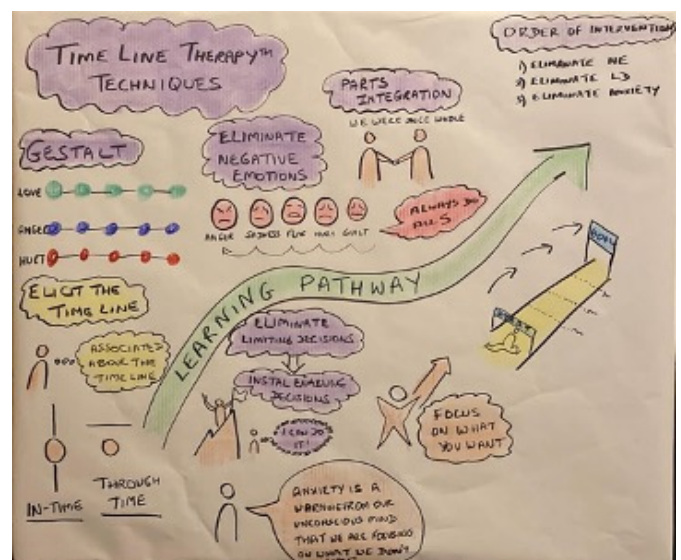
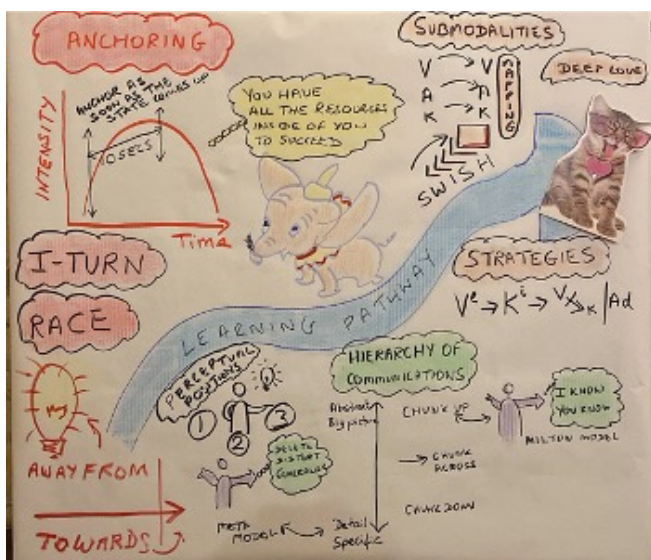
- The NLP practitioner with Neuroscience (7 days)
- Performance management in coaching and mentoring (3 days)
- Transcultural awareness (3 days)
- Personal development in coaching and mentoring (3 days)
- Transitions

We also share some materials on Team Coaching which is the fastest growing area in coaching.



HOW IS THIS PROGRAMME DELIVERED?

- Most of this programme is live and on-line, delivered remotely. The first module is delivered face to face in Malta. Two trainers (Master Certified Coaches) are present, the programme is interactive and it is run so that you will benefit from personal and small group feedback.
- The programme is facilitated by Sally Jackson (Master Certified Coach) and Jan Versteeg (Master Certified Coach). Both of these world-class trainers have nearly 20 years of coaching experience in top global organisations.
- The vehicle that is used to deliver the programme is through technology such as zoom or Microsoft teams. We believe that coaching in the virtual domain will be the go-to practice in the future as more and more people become accustomed to using virtual technology. So, having a course that is delivered in this way will help you to be ahead of the game.
- The programme is delivered in a modular way: 5 workshops over approximately 10 months.
- The programme includes the required amount of Supervision to meet the ICF demands.
- Upon successful completion of the course, you are awarded our own certificate and after the required amount of hours, plus an on-line test you can obtain the ICF certification (www.coachfederation.org) at PCC level. We are applying for Level 2 accreditation for this programme and being mentored through the process by the ICF as we have previously been designated for the ACTP pathway and have been running an accredited programme for nearly a decade. Please note, there is no requirement to have Level 1 before you attend Level 2. Please see the evolution of ICF accreditation webpage.
<https://coachingfederation.org/coaching-education/evolution-of-accreditation>





WHAT IF YOU WOULD LIKE TO ATTEND?

DATES ARE:

- **MODULE 1 – 14TH - 20TH MAY, 2023**
Your personal development and NLP
- **MODULE 2 – 6TH - 8TH JULY, 2023**
Performance management and coaching
- **MODULE 3 – 26TH - 28TH OCTOBER, 2023**
Transcultural excellence and coaching
- **MODULE 4 – 18TH – 20TH JANUARY, 2024**
Personal development and coaching
- **MODULE 5 – 21ST – 23RD MARCH, 2024**
Transitions and coaching and introduction to Team Coaching - 3 days
- **ALTERNATIVE DATE FOR MODULE 1 – 1ST - 7TH OCTOBER**
Your personal development and NLP

There will also be an additional two days to attend to support you in your practice and Supervision moving towards accreditation. For accreditation you need a minimum of 100 hours of coaching.

Please call or email Sally Jackson for an introductory conversation:

- Email: sallyjackson@js-international.com
- Phone: +356 99727552

It is highly recommended that you have conducted some personal development work and have a high proficiency in the English language, both written and oral. It is also beneficial for you to have done some coaching or mentoring, either formally or informally. You will also need a good internet connection and private space to attend the training.

We are very happy to provide references and for you to talk with previous participants on request.

What have clients said about the programme?



"I arrived with high expectations, and was amazed and delighted by the power of this programme. Not only has it enhanced my coaching skills but it has had a real impact on me personally".

"This was a unique learning experience; it was not just about learning the techniques, it was clearly designed to facilitate our own change process. By being excellent role models and building tremendous trust in both the process and in ourselves. Sally & Jan, really made a difference. And now we will be able to also!"

A wonderful training experience with two masters - The days flew by, which considering the length of them was surprising. I felt energised, informed, entertained and most importantly skilled by the time I finished the course.

Speaking as a true corporate beast: You talk my language, understand my needs and provided me with a real blue chip experience... thank you!

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